



Independent Living Resource Centre Personal Attendant Community Education Program (PACE)

PACE Facts

What is PACE?

PACE trains able-bodied persons to become Independent Living Attendants (ILAs). PACE is a recognized curriculum developed, designed and delivered by people with disabilities to promote consumer choice and control over their lives.

Why is PACE needed?

Recognition of the growing population of people with disabilities, combined with their desire for control over their lives, and movement away from institutional living.

How long is the Training?

The training runs for five weeks, Monday to Friday. Training includes in-person classes, online components and in-community consumer-directed sessions. In-person classes are from 9:00AM to 4:00PM daily. Community training hours are scheduled before class, afternoon or late evenings.

There are multiple sessions scheduled in a year. See <https://ilrc.mb.ca/pace/> for the schedule.

Employment Prospects?

Follow-up surveys indicate over 90% success rate in obtaining employment in this field. Employment opportunities include Self and Family Managed Care, Brokerage, Home Care, Private Agencies, and Independent Living Housing models. Wages will vary from \$16.50 per hour.

Student Feedback

"I wish all my professors in college were as passionate about what they taught us like the trainers we have now"

What are the Objectives of PACE?

- Promote the Independent Living Philosophy throughout the program and focus on the consumer as the person in control of their life.
- Highlight consumer input, direction, and participation in the training of Independent Living Attendants (ILAs).
- Provide a holistic approach to attendant training that promotes Independent Living and is specifically designed to support individual needs in the community.
- Increase the number of trained staff available to consumers in their homes.

Is There a Philosophy Behind PACE?

PACE is based on the Independent Living Philosophy which is governed by five principles:

1. Taking Risks
2. Making Choices
3. Promote Integration
4. Accept responsibility
5. Promote Consumer Control

What is a Consumer?

Consumer – An individual with a disability within the community who directs their personal assistance needs to facilitate their lifestyle of choice.

What are the benefits of Consumer Directed Training?

- Improves the quality of life for consumers
- Increased opportunities for employment and more community involvement
- Centralized training unites people, organizations, and resources
- Allows flexibility in the provision of support
- Reduces training costs and strain on institutions

Mission Statement

The ILRC is a consumer-controlled organization that promotes and supports citizens with disabilities to make choices and take responsibility for the development of personal and community resources

What training does PACE include?

- Introduction & Overview
- Independent Living
Philosophy/Will to Live
- Personal Health Information
Act (PHIA)
- Disability Awareness
- Role of an Independent Living
Attendant / Palliative Care
- Infection Control
- Anatomy & Physiology
- Peri-Care
- Bowel & Bladder Routines
- Medication Management
- Communication
- Stress Management
- Body Movement / Positioning
- Mock Routines
- Trauma Informed Care
- Respiratory Care
- Home Management
- First Aid and CPR
- Wound Care
- Personal Hygiene
- Cultural Diversity
- Health & Safety / WHMIS
- Mental Health Awareness
- Assistive Devices
- Crisis Behaviour Management
- Disability Emergency
Management
- Salt and Strength (POTS)
Support
- Employment
- Community-Based Consumer-
Directed Training
- And more

Student Feedback

“Hands-on really helps a lot. It prepares us and gives us confidence as future ILAs to do our best in serving future consumers”.

What fees are associated with PACE?

The total course fee for students is \$517.75. This includes a \$75.00 registration fee, \$175.00 materials/supplies fee, \$157.50 for Crisis Behaviour Management Training and \$110.25 fee for First Aid/CPR. These prices include taxes where applicable.

All fees are **non-refundable**.

What documents are required to apply for PACE?

There are three documents required before submitting an application. Some documents can take multiple weeks to receive.

Note: Copies of documents will not be accepted.

- Criminal Record Check **WITH** Vulnerable Sector Search
 - Obtainable from:
Winnipeg Police Headquarters
245 Smith Street in Winnipeg
- Child Abuse Registry Check
- Adult Abuse Registry Check
 - Both abuse check records are obtainable from:
Adult and Child Abuse Registry Office
777 Portage Avenue in Winnipeg

PACE Tuition Reimbursement Policy

This Tuition Reimbursement Policy recognizes the value of Independent Living Attendants as graduates of the PACE program who secure employment within the disability community. This policy shall address the eligibility and application requirements for tuition reimbursement for eligible PACE graduates.

PACE Tuition reimbursement shall cover the following elements:

- PACE registration fees
- PACE materials / supplies fees
- First Aid / CPR registration fees
- Crisis Behaviour Management or Nonviolent Crisis Intervention Training fees

Under this policy, tuition reimbursement is provided to any ILA that satisfies all of the following criteria:

- Successful graduate of the PACE program.
- Current full or part-time ILA, employed with the ILRC and in good standing.
- ILA Employment with the ILRC must be maintained for a minimum of one consecutive year. This shall constitute the qualifying term of employment.

This policy shall come into effect October 1, 2022, and does not allow for any retroactive application prior to this date. To secure PACE tuition reimbursement, ensure you have completed the qualifying term of employment, then send your current contact information (including name, address, phone number, and e-mail) and date of PACE graduation to the attention of the PACE Coordinator.

Questions or concerns may be directed to the PACE Coordinator or ILRC Management



Personal Attendant Community Education (PACE) Student Application Form

General Student Information

Name: _____

Address: _____

Postal Code: _____

Phone Numbers

▪ **Home:** _____

▪ **Other:** _____

E-mail Address:

Languages spoken: _____

Where did you hear about the PACE Program? _____

Are you currently employed? _____

If yes, with whom? _____

Please attach the following:

Please note: Original documents are required. We cannot accept receipts or copies. These documents will not be returned. Incomplete applications will not be accepted.

- Criminal Record Check including Vulnerable Sector Search
- Child Abuse Registry Check
- Adult Abuse Registry Check
- Resume, complete with education, work experience, and references
- \$75.00 Non-refundable registration fee. This fee is not applicable to EIA applicants

Once an application has been processed the PACE coordinator will contact you to schedule an interview date. The interview determines acceptance into the course. Please consider that PACE uses the ESL Standard Benchmark of Level 4 for potential students.

Please note: that you should arrive 10 minutes prior to your scheduled interview time. Failure to be on time for your interview may result in your application being moved to the next PACE session.

The Interview Committee makes the final decision regarding your application for approval.

The following fees apply upon acceptance into the PACE program:

- \$175.00 Non-refundable materials and supplies fee (Required on first day of program)
- \$110.25 fee for First Aid / CPR training. This fee is not required for those who can present a certificate for valid and current CPR training. (Payment required by the second week of the program)
- \$157.50 for Crisis Behaviour Management Training. (Payment required on the third week of the program)

By signing below, I confirm that the above information is correct and I have included all the documents and forms required.

Signature: _____ Date: _____