



PACE

(Personal Attendant Community Education)

PACE Facts

What is PACE?

PACE trains able-bodied persons to become Independent Living Attendants (ILA's)

PACE is a recognized curriculum developed, designed and delivered by people with disabilities to promote consumer choice and control over their lives.

Why is PACE needed?

Recognition of the growing population of people with disabilities, combined with their desire for control over their lives, and movement away from institutional living.

What does PACE training include (not limited to)?

- Introduction & Overview
- Independent Living Philosophy/Will to Live
- Personal Health Information Act (PHIA)
- Disability Awareness
- Role of an Independent Living Attendant/Palliative Care
- Infection Control
- Anatomy & Physiology
- Peri-Care
- Bowel & Bladder Routines
- Medication Management
- Communication
- Stress Management
- Body Movement/Positioning
- Mock Routines
- Abuse
- Respiratory
- Home Management
- CPR
- Developing Independence through Nutrition Education (DINE)
- Wound Care
- Personal Hygiene
- Cultural Diversity
- Safety
- WHMIS
- Mental Health
- Assistive Devices
- Non-Violent Crisis Intervention
- Disaster Management
- Program Awareness
- Employment
- Community Consumer Directed Training

How long is the Training?

The training is five weeks long. It runs Monday to Friday with classes from 9:00AM to 4:00PM daily. Community training hours are before class, afternoon and late evenings.

Employment Prospects?

Follow-up surveys indicate over 90% success rate in obtaining employment in this field. Employment opportunities include Self and Family Managed Care, Brokerage, Home Care, Private agencies, and Independent Living Housing models. Wages will vary from \$16.50 per hour.

Student Feedback

"I wish all my professors in college were as passionate about what they taught us like the trainers we have now"

What are the benefits of Consumer Directed Training?

- Improved quality of life for consumers
- Opportunities for employment and more community involvement
- Centralized training united people, organizations, and resources
- Flexibility in provision of support
- Reduced training costs and strain on institutions

Student Feedback

"Hands-on really helps a lot. It prepares us and gives us confidence as future ILA's to do our best in serving future consumers".

Mission Statement

The ILRC is a consumer-controlled organization that promotes and supports citizens with disabilities to make choices and take responsibility for the development of personal and community resources

How Much Does It Cost?

The total course fee for students is \$517.50. This includes a \$75.00 registration fee, \$175.00 material/supplies fee, \$157.50 for Non Violent Crisis Intervention Training and also \$110.00 fee for CPR/First Aid all **non-refundable**.

Is There a Philosophy Behind PACE?

PACE is based on the Independent Living Philosophy

The Independent Living Philosophy is governed by five principles:

1. Taking Risks
2. Making Choices
3. Promote Integration
4. Accept responsibility
5. Promote Consumer Control

What is a Consumer?

Consumer – An individual with a disability within the community who directs their personal assistance needs to facilitate their lifestyle of choice.

What are the Objectives of PACE?

- Promote the Independent Living Philosophy throughout the program and focus on the consumer as the person in control of their life.
- Highlight consumer input, direction, and participation in the training of Independent Living Attendants.
- Provide a holistic approach to attendant training that promotes Independent Living, and is specifically designed to support individual needs in the community.
- Increase the number of trained staff available to consumers in their homes.

What is the Primary Goal of the PACE Program?

The primary goal is to teach the theory and practical skills required for an individual to become an Independent Living Attendant with the emphasis being that these individuals will come to understand and implement the Independent Living Philosophy. In so doing they will have the skills to provide a flexible array of personal assistance, home and other supports specific to each consumer's unique independent living needs. It also addresses the needs and shortages of individuals trained with an understanding of the Independent Living Philosophy, thereby by keeping the focus on the consumer as the person in charge of their life. The program is also diverse in nature and respects all persons with disabilities regardless of age, culture, political affiliation, values, beliefs, and/or disabilities.



PACE

(Personal Attendant Community Education) Application Form

General Information

Name: _____

Address: _____

Postal Code: _____

Phone Numbers

▪ Home: _____

▪ Other: _____

E-mail Address: _____ Languages spoken: _____

Where did you hear about the PACE Program? _____

Are you currently employed? _____

If yes, with whom? _____

Please attach the following:

Provide own copies of Criminal Record Check, Child Abuse Registry Check and Adult Abuse Registry Check. Receipts are not valid to apply for PACE. Please submit the original documents or copies once you receive them.

Please note: The original copies of these documents are required. We cannot accept receipts.

- Criminal Record Check including Vulnerable Sector Search**
- Child Abuse Registry Check**
- Adult Abuse Registry Check Resume, complete with education, work experience, and references**
- \$75.00 Non-refundable registration fee. This fee must be included with your application. This fee is not applicable to EIA applicants**
- PACE coordinator will then provide an interview date. The interview determines acceptance into the course.**

The following fees apply upon acceptance into the PACE program:

- \$175.00 Non-refundable material fee (required first day of program)**
- \$110 fee for CPR / First Aid training. This fee is not required for those who can present a certificate for valid and current CPR training. (payment required on second week of the program)**
- \$157.50 for Non – Violent Crisis Intervention Training. (Payment required on the third week of the program)**

Please consider that PACE uses the ESL Standard Benchmark of Level 4 for potential students.

Signature: _____

Date: _____

Please note: that you should arrive 10 minutes prior to your scheduled interview time. Failure to be on time for your interview may result in your application being moved to the next PACE session.

The Interview Committee makes the final decision regarding your application for approval.

Thank you for your co-operation in advance.

INDEPENDENT LIVING RESOURCE CENTRE

PERSONAL ATTENDANT COMMUNITY EDUCATION PROGRAM

PACE



There are three very important documents that you will need to include with your application for the PACE Program. They are a Criminal Record Check (CRC) a Child Abuse Registry Check (CARC) and an Adult Abuse Registry Check (AARC).

Here is where to get them.

Criminal Record Check WITH vulnerable Sector:

Police Headquarters
245 Smith Street (Main Entrance on Graham Avenue)

Child Abuse Registry Check and Adult Abuse Registry Check:
Government of Manitoba - Provincial Services
Child and Family Services
777 Portage Ave, Winnipeg

Thank you
Natalie Pirson
IL Consultant for PACE

PACE Tuition Reimbursement Policy

Independent Living Resource Centre

This Tuition Reimbursement Policy recognizes the value of Independent Living Attendants as graduates of the PACE program who secure employment within the disability community. This policy shall address the eligibility and application requirements for tuition reimbursement for eligible PACE graduates.

PACE Tuition reimbursement shall cover the following elements:

- \$75.00 registration fee
- \$175.00 material fee
- \$110.00 CPR registration
- \$157.50 NCI registration
- Total: **\$517.50**

Under this policy, tuition reimbursement is provided to any ILA that satisfies all of the following criteria:

- Current full or part-time ILA with the ILRC in good standing.
- Successful graduate of the PACE program.
- Retain employment with any ILRC for a minimum of 1 year consecutive. This shall constitute the qualifying term of employment.

This policy shall come into effect October 1, 2022 and does not allow for any retroactive application prior to this effective date. To secure PACE tuition reimbursement following the qualifying term of employment, please send contact details (including name, address, phone number, email) and date of PACE graduation to the attention of the PACE Coordinator.

Questions or concerns may be directed to the PACE Coordinator or ILRC Management.