

# OPTIONS

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Newsletter of the Independent Living Resource Centre (Manitoba)

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Adapting Amidst  
Change



# Winter 2020-2021

Independent Living Resource Centre  
311A-393 Portage Ave.  
Winnipeg, MB R3B 3H6  
Phone: 204-947-0194 (TTY)  
Toll Free: 1-800-663-3043  
Fax: 204-943-6625  
Email: thecentre@ilrc.mb.ca  
Web: www.ilrc.mb.ca

**Chairperson**

Ken Shachtay

**Vice –Chairperson**

Brian Baldwin

**Treasurer**

Grant Young

**Secretary**

John Pinkerton

Valerie Kardal

Sharon Olson

**Executive Director**

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**Important Note:**

All subjects, materials and dates contained within are subject to change due to the COVID-19 situation and closure of most facilities and programs at the ILRC.

*Created/Edited through the ILRC Options Newsletter Committee. The views and opinions expressed in this edition are those of the original authors and other contributors. These views and opinions do not necessarily represent those of ILRC*